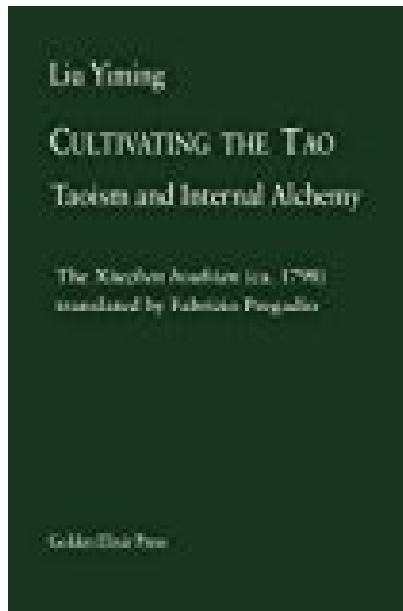


Cultivating the Tao Taoism and Internal Alchemy Masters Volume 2



BOOK DETAILS

- Author : Liu Yiming
- Pages : 180 Pages
- Publisher : Golden Elixir Press
- Language : English
- ISBN : 0985547510



BOOK SYNOPSIS

Cultivating the Tao is a complete translation of one of the main works by the renowned Taoist master Liu Yiming (1734-1821). Divided into 26 short chapters, this book provides a comprehensive overview of the basic principles of Taoism and an introduction to Taoist Internal Alchemy, or Neidan, authored by one of the greatest representatives of this tradition. Liu Yiming was an 11th-generation master of the Longmen (Dragon Gate) lineage. Having recovered from severe illness in his youth, he undertook extended traveling that led him to meet his two main masters. In 1780, he settled in the Qiyun mountains, in the present-day Gansu province. Since then until his death he devoted himself to teaching and writing. His works mainly consist of writings on Neidan and of commentaries on major Neidan scriptures. Liu Yiming grafts Internal Alchemy onto the teachings of the Book of the Way and Its Virtue (Daode jing) and of the later Taoist tradition. Few other masters have illustrated the relation between Taoism and Internal Alchemy as clearly as he does in this book.

CULTIVATING THE TAO TAOISM AND INTERNAL ALCHEMY MASTERS

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