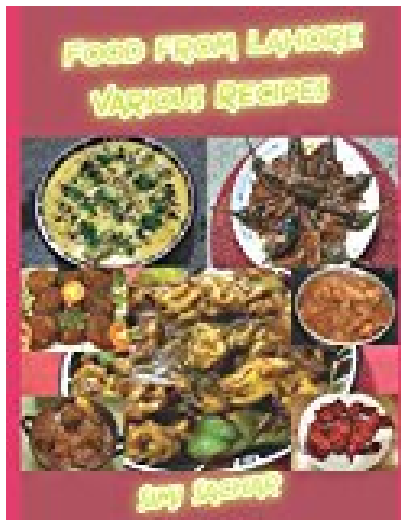


Food from Lahore Various Recipes



BOOK DETAILS

- Author : Simi Sachar
- Pages : 176 Pages
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BOOK SYNOPSIS

Lahore is one of the major cities in Pakistan. Lahore is known for historical sites, colorful Punjabi culture, and street food. Lahori food is rich and nourishing. The city has a very rich food culture. The people living in Lahore just love their food and they can wait for hours if a delicious dish is being cooked. Their love for food is known all over the country. Although majority of the people living in this city love to eat traditional Punjabi dishes, however, they don't mind when it comes to enjoying food from other countries. Food Street in Lahore teems with people after sunset. Hundreds of food stalls on both sides of the street serve exotic and rich Lahori food to the people who visit this street almost every evening as a ritual. Before the arrival of Islam, Indian food was popular in Lahore and the other parts of the Pakistani Punjab, but with the arrival of Islam, the local cuisine got influenced to a great degree. Alcohol and pork is banned in Lahore, because Islam prohibits these two things, along with several other things. Halal meat is the only choice in Lahore. Chicken, mutton, lamb, fish, and beef are consumed in large quantity in Lahore and other parts of Pakistan. People in Lahore are fond of dairy products, particularly lassi, butter, ghee, hot creamy milk, and clarified butter. Lahori cuisine as it stands today is the mixture of Punjabi and Mughlai cuisine. Western and foreign foods are also popular in the city. Youngsters in the city are more liberal than their parents and elders and they don't mind visiting McDonalds, KFCs, and other western food places in the city. In this book, we have included some of the most popular Lahori dishes. They are very easy to cook. Just go through the recipes step by step and get ready to be your own chef in your kitchen.

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