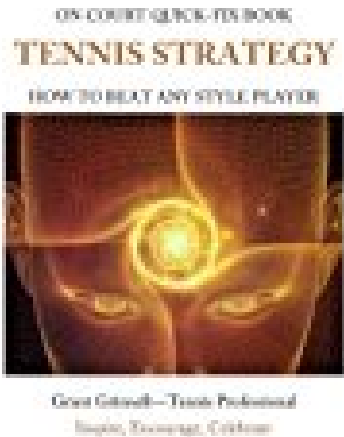


Tennis Strategy How To Beat Any Style Player - Quick-Fix Book



BOOK DETAILS

- Author : Grant Grinnell
- Pages : 54 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1514729717



BOOK SYNOPSIS

This (quick-fix) book gives you the tactics and mental philosophy to beat any style player, singles or doubles. The tips are pointed, cut right to the chase, are in laymans terms and summarized into powerful bullet point sections for (instant access). The book is the culmination of 38 years coaching, 50,000 hours on-court experience, years of seeking uncommon knowledge, and decades of creating the most (efficient and effective) methods to help students find their best fast! The book has 3 main sections: 1. Understanding different styles of players. 2. How to beat any style player, singles or doubles. 3. Mental toughness philosophy and mindsets. The strategy section provides potent tactics on how to beat any style player including, Singles: how to beat a big server, a great returner, aggressive baseliner, pusher, counter-puncher, hacker-slicer, and all-court player. Doubles: how to beat big serving teams, great returning teams, teams that control the net, one up one back teams, poaching teams, lobbing teams, and teams with one hot player. The mental toughness section uniquely redefines attitudes regarding winning and losing, competition, pressure, mistakes, fear, choking, and adversity to teach you how to play up to and (stretch) the upper limits of your ability. Overall, this book is tailored to save you time, improve practice sessions, free your mind and emotions from blocking the flow of your body, and give you the instantaneous tactical wisdom to consistently win!

TENNIS STRATEGY HOW TO BEAT ANY STYLE PLAYER - QUICK-FIX BOOK -

Are you looking for Ebook Tennis Strategy How To Beat Any Style Player - Quick-Fix Book? You will be glad to know that right now Tennis Strategy How To Beat Any Style Player - Quick-Fix Book is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product.

Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. Tennis Strategy How To Beat Any Style Player - Quick-Fix Book may not make exciting reading, but Applied Numerical Methods With Matlab Solution Manual 3rd Edition is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with Tennis Strategy How To Beat Any Style Player - Quick-Fix Book and many other ebooks.

We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with Tennis Strategy How To Beat Any Style Player - Quick-Fix Book. To get started finding Tennis Strategy How To Beat Any Style Player - Quick-Fix Book, you are right to find our website which has a comprehensive collection of manuals listed.