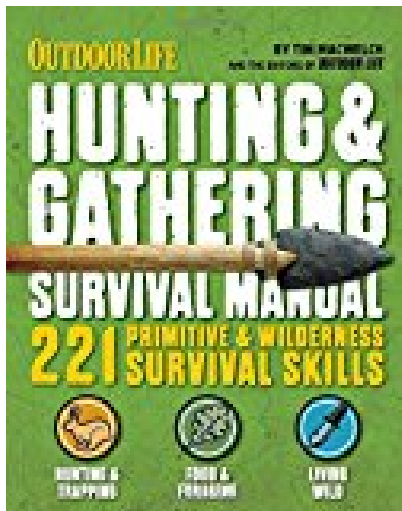


The Hunting & Gathering Survival Manual 221 Primitive & Wilderness Survival Skills



BOOK DETAILS

- Author : Tim MacWelch
- Pages : 240 Pages
- Publisher : Weldon Owen
- Language : English
- ISBN : 1616288310

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BOOK SYNOPSIS

A manual for the modern hunter-gatherer, *Outdoor Life's Hunting & Gathering Survival Manual* will teach you everything you need to know about foraging, hunting, and cooking in the wild. From finding wild edible plants to subsistence hunting, you'll learn how to live off the land while hunting like a caveman—and eating like a king. **HUNT AND FISH IN THE WILD** Whether you're using modern weapons, old-fashioned snares, or your own two hands, this book will show you the amazing range of hands-on (literally!) methods for catching and cooking your prey. **HARVEST NATURE'S BOUNTY** Use the detailed field guides to gather edible plants, nuts, and mushrooms, then turn them into gourmet meals with field-tested camp cooking tips. **BE A SURVIVOR** Prepare for any emergency, whether you're lost in the woods or surviving a natural disaster. Find local, organic foods, and grow them yourself. Learn the secrets of herbal medicine and traditional remedies. This book demystifies it all, with simple hints and step-by-step illustrations to make you a self-sufficient survivor—in your backyard and in the wild.

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